Happy Memories

I revisit historic memories every day No matter how I try I can't make them go away And it's funny how the happiest are the worst I am living in a happy memorial curse Good memories remind me of what I've lost Things I left behind and still paying the cost For being the kind of person that I chose I'm in the throes of karma I suppose I feel the weight of longing deep inside As tears distort the vision in my eyes Each breath I take it stutters and it shakes As another happy memory awakes So I do my best to hide myself from sight And hope my mind can tell what's wrong from right Happy memories won't leave without a trace Will they one day put a smile back on my face?

By Lee Haigh